

Biographies of

Charles W. Wiltsie III, LMT & Katherine F. Wiltsie, LMT
(Managing Partners Lypossage esthétiques International, LLC)



Charles W Wiltsie III, LMT is a Connecticut State Licensed Massage Therapist, Department of Health Number 000254, is a member of the AMTA, and an Approved Continuing Education Provider for the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB).

He was also the first Program Director for Branford Hall Career Institutes Massage Therapy Program and is on the Advisory Board to the same Program as well as an Instructor for that school. He has also been in business since 1988 and has extensive experience working with Performing Artists in Connecticut and on Broadway as well as with Film Actors and Professional Athletes. Mr. Wiltsie trained at JSG School of Massage in New Jersey and his continuing education includes Myofascial Massage and esthetic treatments.

He is often quoted in articles on The Ethics of Men in Health Services, Spa Etiquette for the

Massage Therapist and Customer and is recognized in the Spa Industry as one of the top five developers of the Anti-Aging, Body Contouring markets in the world. Mr. Wiltsie trained at JSG School of Massage in New Jersey and his continuing education includes Myofascial Massage and esthetics and body treatments by Aveda in Massachusetts and at the Phytoceane Institute of Spa Innovation in Salt Lake City Utah.

In 1998 Charles Wiltsie began devoting most of his time training massage therapists, estheticians, professors, doctors and others in the United States and around the world in the massage treatment he invented called Lypossage™, a massage therapy treatment designed to help women lose dimension without losing weight and to help them smooth the look of cellulite. The Lypossage™ treatment is widely used as an adjunct to liposuction pre and post surgery.

He is also developer of another massage used to improve the professional singer's capacity to sing. This massage is called "Wiltsie's Zangers Massage". At the end of 2004 Mr. Wiltsie finished his world wide teaching as a featured guest speaker at the Cidesco International Congress in Amsterdam, Holland where he spoke to plastic surgeons, physical therapists and estheticians about the application of Lypossage™ in cosmetic surgery. Recently he has spoken on the same topic as a guest speaker at "The Spa & Resort Shows" along with "the Medical Spa Shows" in New York and Los Angeles and the American Spa Show on the "History of Lypossage". In 2005 Mr. Wiltsie was a guest instructor at the University of Gent in Belgium where he taught Lypossage™ to Flemish physiotherapists and University Researchers. Their research on Lypossage™ was completed in 2006 with results indicating that Lypossage™ stood up to scrutiny for claims made on the reduction of the "look of cellulite" and "dimension loss".

Charles Wiltsie was also extensively covered in Estheticienne Magazine, a European Publication, as well as Day Spa Magazine, les nouvelles esthetique Magazine, Massage

Magazine, American Spa Magazine, the Day Spa Bible, Massage & Bodywork Magazine, Hers Muscle & Fitness Magazine, Good Medicine (Australia) and Body Sense Magazine. Wiltsie has also been extensively excerpted in the following books: The Four Seasons of Inner and Outer Beauty, The Educated Heart and UnBreak Your Health: The Complete Guide to Complementary & Alternative Therapies by Alan E. Smith. He rounded out the past couple of years with seven consecutive issues of Estheticienne Magazine devoted to Lypossage™, Zangers Massage and American Ethics in Massage Therapy and the Spa Industry.

Mr. Wiltsie has always been known to try and bring positive attention to massage therapy through fund raising and public relations. In 1991, he ran a fundraiser that allowed him to break the world record for continuous massage at 27 hours and 11 minutes. He did it again, a couple of years later, for 36 hours, as he helped to raise money for the Special Olympics in New Haven, Connecticut at Clear Channel Radio Stations WKCI and WELI.

Other past accomplishments by Charles Wiltsie include active roles in Connecticut's Democratic Party as a Party Chairman in East Hampton, the home town of then Governor William O'Neill, State Senate Candidate, Political Convention Spokesman, Democratic Platform Committee Member and many other local and State held positions. After leaving the political arena he gave free talks to High School students- The topic; Practical Politics and Political Activism, How to Overthrow Your Local Government.

Now after training more than 20 new Lypossage™ Master Trainers and 5 Star Lypossage Educators in the United States and Europe- and more than 6000 new practitioners worldwide, Mr. Wiltsie is pleased to be back home in Middletown, Connecticut where he and his wife Katherine own a Training and Consulting Business called Lypossage esthetiques Internationale, LLC.



Katherine F. Wiltsie, LMT is not only a managing partner but also a Massage Therapist and Trainer for Lypossage™. She is a graduate of Pennsylvania State University with a degree in French and International Business. She has also been trained in Esthetics at the Phytoceane Institute of Spa Innovation in Salt Lake City, Utah with further training in the Art of Aesthetics by industry leader Douglas Preston of the Award Winning Preston Wynne Spa in Saratoga, California. She is also a graduate of JSG School of Massage in New Jersey.

Because French is the language of the spa products world, Kate has been the primary mover in the rapid growth for Lypossage™. Her additional knowledge of international business has resulted in Lypossage esthetiques Internationale, LLC and Lypossage™ to more than double it's size and growth in the past two years.

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